Does Music Therapy need pictures?
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A survey on the use of creative visual media in music therapy
Have you ever used creative visual media in your work in music therapy? Which media did you use?

15 of 20 participants say they use visual media in their work
Have you ever used creative visual media in your work in music therapy? Which media did you use?
In your opinion, patients with which kinds of troubles benefit most from the use of creative visual media in therapy?
If you have used visual media in your therapeutic work, which age groups did your patients belong to?

- infants
- school children
- teenagers
- young adults
- adults
- seniors
Was the use of visual media combined with music, and if yes, how?

100% eventually combine visual media with music
Which indicative factors made you choose visual media?
What were your goals?

Problems with self-perception
Resistance against music
Sensory overload/concentration problems
Lack of symbolization
Overwhelming proximity in music
Retarded speech development
Elective mutism
Visual type/Achievement pressure in music
Speech impediment
Trauma sequelae
Auditive sensitivity
Traumatic experiences with music
Memory problems
Hearing impediment/amusia
Which indicative factors made you choose visual media? What were your goals?

Resource activation
Facilitation of symbolization
Stimulation of imagination
Cognitive processes
Possibility of distance
Space for introversion
Visualization of the therapeutic process
Permanent shape for a result of therapy
Enlargement of non-verbal communication
Facilitation of individualization process
Diagnosis
Concentration/Stress regulation
Visual conclusion of therapy
Memorization help
Conclusion:

The reasons why music therapists use creative visual media appear to be diverse and individually different.

Further research and connections between music and art therapists could lay theoretical foundations for the use of visual media in music therapy.

Anna Graf (script/illustration/editing)
Universität für Musik und Darstellende Kunst Wien, 2016
Voice: Andrea Haumer | Thesis supervisor: Dr. Elena Fitzthum
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